

# JUNIOR TENNIS COACHING

## September – December 2022

Classes start weeks beginning Monday 12<sup>th</sup> September 2022 and run for 13 weeks with no classes week beginning Monday 31<sup>st</sup> October

DAY	TIME	COURT	BALL	TYPE	AGE	LEVEL
MON	5.00pm - 6.00pm	Full Court	Yellow	Mixed	Under 18	Intermediate
TUE	3.15pm – 4.00pm	Bounce	Red	Mixed	4 – 8 yrs	Beginner
	4.00pm – 6.00pm	Competition		Mixed	Under 12/14	Tournament Player
	5.00pm – 6.00pm	Full Court	Yellow	Boys	Under 16	Intermediate
WED	3.15pm – 4.00pm	Bounce	Red	Mixed	4 – 8 years	Beginner
	4.00pm – 5.00pm	¾ court	Orange	Mixed	Under 9	Beginner / Intermediate
	4.00pm – 6.00pm	Competition		Mixed	Under 9	Tournament Player
	4.00pm – 6.00pm	Competition		Girls	Under 18	Tournament Player
	5.00pm – 6.00pm	Full Court	Yellow	Girls	Under 18	Intermediate
	6.00pm – 8.00pm	Competition		Mixed	Under 16	Tournament Player
THUR	3.15pm-4.00pm	Bounce	Red	Mixed	4 – 8 years	Beginner
	4.00pm – 6.00pm	Competition		Mixed	Under 14	Tournament Player
	5.00pm – 6.00pm	Full Court	Yellow	Mixed	Under 16	Beginner / Improver
FRI	2.30pm - 3.15pm	Mini Bounce	Red	Mixed	3 – 4 years	Beginner
	3.15pm - 4.00pm	Bounce	Red	Mixed	4 – 8 years	Beginner
	4.00pm – 5.00pm	¾ Court	Orange	Mixed	Under 9	Beginner / Intermediate
	4.00pm – 5.00pm	Full Court	Green	Mixed	Under 10	Beginner / Intermediate
	4.00pm – 6.00pm	Competition		Mixed	Under 9	Tournament Player
	5.00pm – 6.00pm	Full court	Yellow	Mixed	Under 18	Advanced
	5.00pm – 6.00pm	Full Court	Yellow	Mixed	Under 14	Improver
	6.00pm – 7.30pm	Competition		Mixed	Under 18	Tournament Player
SUN	8.30am – 10.30am	Competition		Mixed	Under 18	Tournament Player

### BOOK ONLINE

For more details or to book a class please go to: [www.belfastboatclub.com/booking](http://www.belfastboatclub.com/booking)  
If you are not sure what class would suit you or if have any other questions, please contact us:

T: 028 9066 5012 E: [info@belfastboatclub.com](mailto:info@belfastboatclub.com)

### COSTS

	Member	Non - Member
Red / Orange / Green / Yellow	£91	£156
Competition Squads	£169	N/A
Competition Squad – Fri 6pm	£130	N/A